



VOL. 39, NO. 4

BROADMEAD, COCKEYSVILLE, MD

DECEMBER 2017

New stormwater management system planned

By Bernie Anderson

The new stormwater management system being designed under the Master Plan will not only provide a system to control runoff efficiently, it will also enhance the beauty of the surrounding area.

Techniques to control water runoff resulting from the construction of roads, buildings, and other impermeable structures are encompassed under the term "stormwater management" (SWM). The Broadmead campus will be challenged by the new construction involved in implementing the Master Plan, but civil engineers have designed systems to control the path of runoff.

As former state biologist Mike Hollins explained in a recent lecture to residents, a landscape should be seen as a sponge able to absorb storm water.

In the existing Broadmead environment, stormwater management is accomplished by a "retention pond," which residents have affectionately dubbed "Lake Maybe." Underground piping around the entire campus is directed toward Lake Maybe, where the runoff is mixed with fresh water from the Spring House, and overflow is drained into nearby Western Run. That system has worked successfully since Broadmead's inception.

However, with the impending construction of a new road entrance and the new Hillside Homes, there will be more impermeable surfaces that require either an expansion of the

continued on page 4

Surprise! New residents love it here

By Penny Partlow

If there is one thread connecting the "new kids on the block," it is the word "happy." On November 15, as current residents welcomed ten new members of the community with a heartfelt chorus of "Getting To Know You," it was evident from the smiling faces that Broadmead is "precisely their cup of tea."

Sidney Levy, a former building contractor and consultant said, "When I pulled in off York Road, I knew this was the place."

Margaret Craig, whose parents lived here but who still explored all the local options, said, "This is the best one I saw." Her two cats and dog like it too.

Diana and David Harley and dog Phoebe are "delighted" that they took the recommendation of the Marketing Department and moved in three years earlier than they intended. David commented, "We know we will be happy here."

Suzanne Swift is getting adjusted to Cluster C, where she has been greeted with an overwhelmingly warm welcome.

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The masthead photo by Erroll Hay shows Center entrance decorated for the holidays.

Single-stream recycling finally reaches Broadmead

By Susie Fetter

Those confusing lists of items “acceptable for recycling” or “must place in trash” posted in the cluster trash rooms will soon be replaced by simpler instructions.

Baltimore County uses a “single stream” system for recycling, so residents will no longer have to separate various types of recyclables. Every item that can be recycled, from newspapers to glass and plastic, can be placed in one container.

New lists have been circulated and will soon be placed in the trash rooms. Those who are skeptical about the ultimate destination of the contents of the recycling bin can be reassured that these items will actually be recycled.

As more people engage in the practice of separating recyclables from the trash, the volume of trash in landfills is reduced. The reuse of paper, plastic, and metals through recycling is one way to achieve sustainability. Treatment of the landscape and the use of water and electricity impact not just Broadmead but the wider community.

[Editor's note: The Voice will be publishing more articles on conservation and sustainability in future issues.]

Barn Sale update By Elborg Forster

The gross receipts of this year's Barn Sale amounted to \$18,856, which is an excellent result for our combined efforts. People now want to see what every individual department achieved, but a column of 15 departments and their gross and net receipts does not fit into a sidebar. So here are just a few examples of what was taken in: \$2,872 by Furniture; \$3,455 by Clothing (which usually competes with Furniture, see above); \$1,936 by Jewelry; \$502 by Baked Goods; and \$1,579 by Broadmead Honey.

A great deal of work was done to dispose usefully of merchandise that was not sold; most of it was donated to charitable organizations such as Paul's Place downtown or the Salvation Army, which distribute it year round to the needy. Some of it was reserved for the Old and New Shop.

InSight conducts two valuable trips for visually challenged residents

By Angela Breakey

Armed with iPads and iPhones, 18 residents went to the Apple Store in the Towson Town Center in October to learn about new applications to help people with vision and hearing loss. Two young tech experts led the group, seated around two large tables, through the various possibilities available to make Apple products more user-friendly.

Technology has developed so far that iPads, iPhones and Smart phones can offer assisted sound and sight. Text can be enlarged or background color and brightness adapted to suit the user. Using different hand and finger movements across the screen, one can dictate emails, make requests, put appointments in the calendar; and then hear the answers as written on the screen without seeing them. All were surprised by the built-in magnifier. Who knew?

The trip was planned with Apple's creative team by Carole Glowacki, who was on hand to add her experience. Angela Breakey coordinated this combined hearing/vision trip with InSight.

Then in November, arriving at the Sheraton Hotel in Towson for the annual convention of the National Federation of the Blind, seven Broadmead residents were in a different environment. Those at the meeting moved confidently around the hotel, many using white canes. People recognized voices of friends and welcomed them warmly as their Golden Labrador guide dogs also recognized each other. Traveling in an elevator, a blind man quickly found the number of his floor, “with Braille” he explained. (Braille numbers are also found on the Broadmead elevators.)

These residents were at a seminar about current educational possibilities, services, and the latest technology for people developing low vision. The seminar covered areas already



Angela Breakey
Lily Kouo tries on vision glasses

Continued on page 4



Clockwise, from top left: Meredith Hudkins and Hayes; James Dubose, Kristy Krueger, and Dave Dawson; Frances and Tom Hawks; Stacey Young; Laurie Snyder; Adam Smith and Bruce Russell; Maya Jackson; Gwyn Sirota and Gay Block. Center: Linnette Kanitz. Photos by Kristy Krueger

Staff and residents celebrate Halloween

By Elsa Collins

There were several Halloween contests at Broadmead in October. The Halloween Mixer awarded residents and staff prizes for costumes. Notable resident costume winners were **Albert Laisy**, Scariest as the Fallen Priest; an anonymous Candy Monster; **Bruce Russell's** creative Warlocks Demand

Equal Rites; and a group award to **Gay Block** and **Gwen Sirota** as the monarch butterflies who didn't escape.

Staff costume winners included teams from the Grounds Crew, Finance, Transportation, Hallowell Nursing, and Marketing departments.

See also page 17

Stormwater management, from page 1

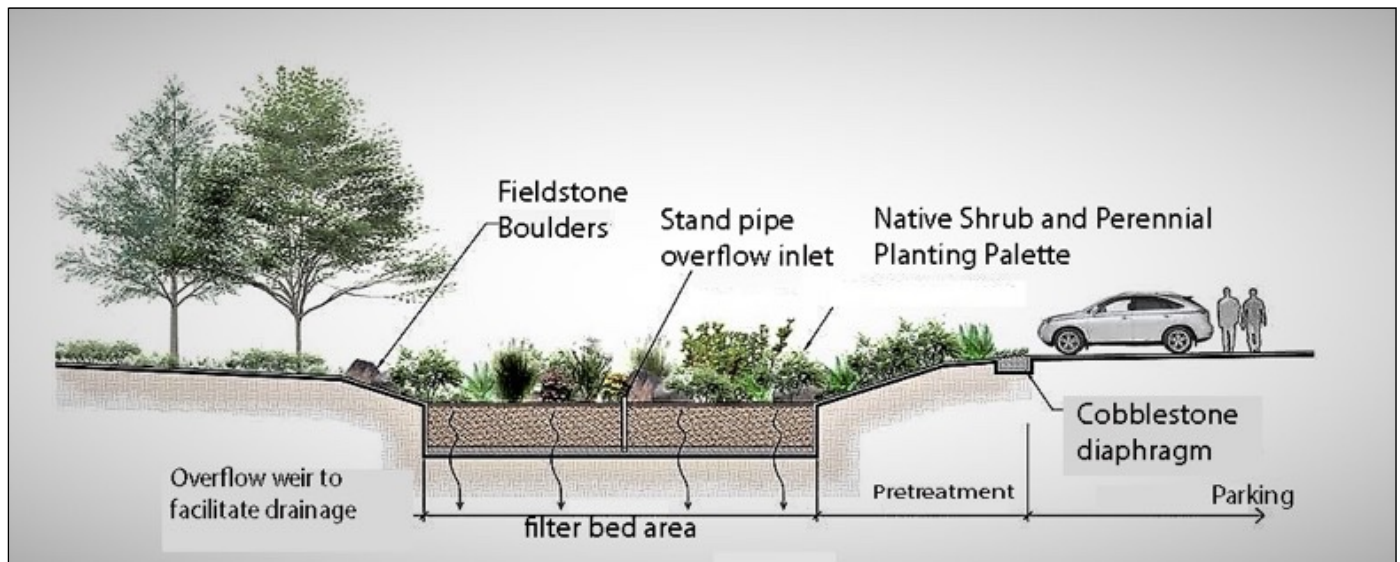
current retention pond system or something new. The engineering firm hired by Broadmead to address this problem is DMW (Daft, McCune, Walker). Due to regulatory changes in Maryland in 2007, newer techniques are required to treat the runoff. DMW has designed a system called "MicroRetention Stormwater Management System."

This bioretention system requires the construction of a series of depressed areas (basins), with an average size of 50 by 25 feet, and a depth of about 4 to 5 feet, where runoff can collect. These holes will be filled with a special planting soil mixture containing sand, soil, and organic matter. Once filled, the basins will be about one foot deep and will be planted

with bushes, grasses, and small trees (see illustration). Ten basins are planned: one in the new employee parking lot, two near the new Hillside Homes, and the others in various places around the construction area.

They will be connected through a storm drain system that runs beneath the relocated Copper Beech Lane, and the water will be directed to an outfall point in the floodplain that surrounds Western Run. These bioretention areas do not have to be fenced in, but county regulations allow it if desired. The only maintenance needed is the semi-annual replacement of mulch. Specifications for this type of SWM system are defined in the Maryland Stormwater Design Manual.

Construction is expected to begin sometime in 2018.



In Memoriam

Leo Weiss

March 7, 1917 - October 19, 2017

Elizabeth Bang

December 29, 1924 - November 5, 2017

Marshall Sutton

August 29, 1918 - November 17, 2017

Insight, from page 2

covered in InSight meetings at Broadmead, but there were inspirational talks as well.

Three exhibit halls showed useful tools and opportunities for those with low vision. Many technical innovations now are expensive but are rapidly becoming more affordable. A simple phone app can enable a user to use the phone's camera to vocally identify a person or object in front of it.

Residents in the Insight Group are keenly aware of the many opportunities available for enhancing vision and awareness of the world. At the convention it was clear that blind people are sharing these possibilities widely.

Influenza's annual visit to Broadmead expected soon

By Sue Baker

December is here, along with cold weather, late afternoon darkness, and flu. Maryland hosted its first case of flu before the end of October, and the virus's large family will no doubt invade Broadmead before winter is over. Health Care Administrator Ann Patterson says that now is the time to lay in supplies of favorite foods, toilet paper, and reading material or movies, because sometime in the next few months some residents are sure to be housebound by weather or illness.

Ann offers the following advice to residents: If you have symptoms of flu or a cold, which are sometimes very similar, you should stay home. You may phone the OPD (x8024) for advice but should not go there. The OPD nurse will discuss your symptoms and offer advice about subsequent steps.

To help avoid the flu, and definitely to mitigate it, Ann urges residents to protect themselves and others. She recommends frequent hand washing with soap or at the many cleansing stations positioned around the campus. This is especially important if you or those around you are coughing or sneezing. You should avoid touching surfaces that others have touched and keep your hands away from all orifices (mouth, nose, eyes, etc.). Covering a cough or sneeze reduces the airborne spread of contagion. Coughing or sneezing should be done into your elbow, rather than your hand. Drinking plenty of water is also very important.

Ann says that residents who may be infected should stay away from the Center and other gatherings, and all should avoid anyone who has flu or cold symptoms. She also reminds people to make an appointment before visiting the OPD. And the most important preventive measure is a flu shot.

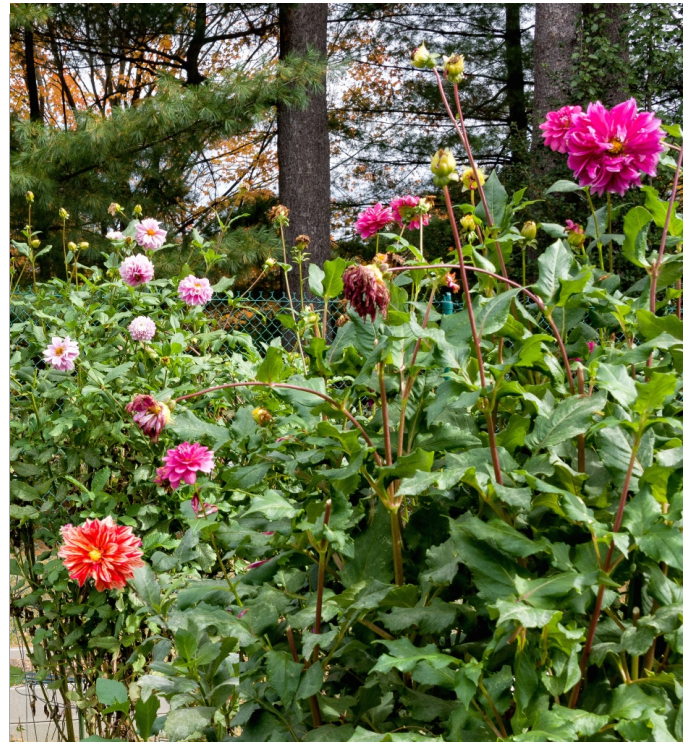
Broadmead Writers Group

Fridays, 4 p.m.

Fireplace Room

Often followed by dinner

New members welcome



Erroll Hay

Dahlias in The Vegetable Gardens

Mary, Mary, quite contrary, where does your garden grow?

By Sue Baker

Broadmead's Master Plan must take into account that some of the current parking areas—including the staff parking lot—will be supplanted by new construction. Alternate parking sites have been hard to find. The current plan is to move staff parking to a location that now includes the site of the Vegetable Gardens, where many residents raise flowers and vegetables, relying on the high fence for protection from deer.

The planners have received many suggestions about where to relocate the gardens. The final decision is to move the dog park toward the maintenance buildings and place the gardens within the former dog park, parallel to Copper Beech Lane. One advantage of this site is that residents will be able to enjoy the sight of gorgeous dahlias and zinnias as they walk or drive around Broadmead.

Moving around Broadmead

	From	To
Ruth Bronstein	T-330	HH-259

Broadmead welcomes . . .

Eleanor Earley McGinn, M13.

410-925-3968. mcginne@outlook.com. June 2017.

Ellie McGinn has spent most of her career as a psychologist—teaching, counseling, and testing children and adolescents in the Baltimore area. And that has been just a portion of her busy life.

Born and brought up in Nashua, NH, she earned a B.A. from Wheaton College in Massachusetts. She later obtained an M.Ed. at Boston College and pursued further study in psychology at Loyola University in Baltimore.

She is certified as a reading and learning disabilities specialist, psychometrician, and school psychologist. In addition to her private practice, Ellie worked for the Hearing and Speech Agency of Baltimore, the Baltimore County schools, and for 28 years as a guidance counselor at Calvert Hall College in Towson.

Ellie married the late Bernard McGinn in 1965. She has two children, Michael and Karen, who live in Baltimore with their families. Family gatherings occur frequently at her home at Deep Creek Lake, where she spends several months of the year.

An important part of Ellie's life is the Christian Crossing Thrift Shop in Western Maryland, which provides significant support to many families in the area. She has myriad other interests: writing, editing, reading, theater and movies, travel, and "rock-bottom" bargain shopping.

Ellie also provides foster care for Pet Rescue of Maryland. Her own dog, Tally, a cock-a-poo, divides her time between Ellie and her grandsons.

By Mary Ellen Saterlie



Celeste Mead Smalkin, P4. 443-330-5723. cmsmalkin@aol.com. June 2017.

Born in Baltimore and brought up in the Northwood section of the city, Celeste Smalkin spent much of her life in the quiet, natural environment of York Manor, Baltimore County. She was educated at Notre Dame Prep and the University of Maryland, where she was enrolled in the Liberal Arts Program.

However, she temporarily interrupted her studies in 1960, when she married Neil H. Smalkin. The couple had two children, a son, Scott, now a banker in Orlando, FL, and Kimberly Barranco, an attorney in Baltimore. Tragically, Mr. Smalkin died only 7 years into the marriage. Celeste chose to stay in her home in the country and to bring up her children there.

Soon after being widowed, she returned to the University of Maryland, College Park, to earn her B.A. in American studies with a minor in library science education. She subsequently took further courses in that field and obtained a master's degree in instructional technology from Towson University. She worked for many years for the Howard County public school system in various supervisory capacities.

Throughout these years she commuted from York Manor, and by the time she retired, her daughter, son-in-law, and their two daughters also lived there. They were—and are—busy professionals, and Celeste was willing, able, and happy to share some of their household responsibilities. The two granddaughters, now in college at Duke and Kenyon, respectively, like to accompany her on interesting outings. Celeste says that going to New York, even if only for the day, is her favorite hobby.

By Elborg Forster



Know Your Neighbors
Wear Name Tags
First three days of the month

Broadmead Chorus
Rehearsals
Fridays, 10:30 - 11:45 a.m.
Auditorium

David Harley, J9. 443-578-8323.
dharley@mcdonogh.org. October 2017.

Education has marked David Harley's entire life: educated at Shaw High School in East Cleveland, OH (listed under "Great Schools" in Wikipedia) and at Oberlin College, he was an exchange student in Germany for an extended stay, long enough to acquire a good command of the German language. He subsequently went on to the University of Wisconsin for a teaching degree, where he met his future wife, Diana Bosely, and to Johns Hopkins for a master of liberal arts in teaching. Specializing in history and economics, he taught at Baltimore's McDonogh School for 47 years. He also was chair of the History Department and directed a program of student exchanges with schools in Japan and in Odessa, Ukraine (Odessa is a sister city of Baltimore).

Both David and Diana are enthusiastic travelers and have absorbed much of the culture of places they have visited. In Provence, for instance, they learned about *saintons*, little carved and painted figures in local garb that are placed around the Christ child in the crèche.

In fact, carving and painting little figurines has become David's passion now that he is retired. In addition to carving realistic songbirds, he has a project of producing the 64 Biblical figures and symbols described in Canto 29 of Dante's *Purgatorio*, where they form a procession that ascends a mountain. David is taking all of this very seriously and has found a teacher who has trade secrets to pass on. He is also learning the secrets of playing the hammer dulcimer from Ken Kolodner, an artist well known to Broadmead audiences.

By Elborg Forster



Diana Bosely Harley, J9. 443-578-8323.
Diharley@mcdonogh.org. October 2017.

Diana and her husband David find it amusing that even though both were born in Ohio and spent their youthful years in Cleveland—often quite close to the other—they did not meet until both of them were in graduate school in Madison, at the University of Wisconsin.

Diana, a graduate of Otterbein College in Westerville, OH, received a master's degree in French, which prepared her for a 30-year teaching career at Baltimore's McDonogh School. She combined this work with raising two sons: Chris, who is now a professor of

marine ecology at the University of British Columbia, and Matt, who is a biology teacher at the Harker School in Mountain View, CA.



Diana is intrigued by the parallel development of these young men's lives: both biologists, they met their wives at the same party; these wives were born one day apart, are

on the same volleyball team, and had their children at roughly the same times.

Speaking of family, Diana is one of six siblings, and all of these, plus their spouses and children, go to the beach together every other summer. The other summers are just for the Harleys' sons and their young families.

In addition to teaching French language, literature, and culture to American students, Diana also arranged exchanges with the students of a French private school. She thus became acquainted with French youth culture and also formed close contacts with teachers at the French school, many of whom became personal friends over the years.

By Elborg Forster

Welcomes continued on page 10

Ceramics

Thursdays 1 - 3 p.m.
Lower Level Ceramics Studio

New Arrivals

Keith and Susan Straley

N-10

The Omnicell Tower is Broadmead's best-kept secret

By Bob Heaton

There are many amazing state-of-the-art devices spread around Broadmead's campus, but perhaps the most unique and wonderful of them all is sequestered from public view in a utility closet just outside the Hollowell dining room.

The Omnicell Tower is a refrigerator-sized appliance that managed care clinicians use to access an inventory of prescription drugs needed on an emergency basis. Security for this process is very tight: authorized personnel must be registered by fingerprint and password, and codes must be used to remove the medicines.

Durable metal locking lids keep medications secure, and guiding lights on the bins ensure proper medication removal.



OmniCell with Magdalena Anokwate; warning labels.

Photos by Erroll Hay

The Omnicell provides many benefits for patients. They can receive a needed dose at once, rather than waiting up to four hours for a delivery from the pharmacy. Assurance that the correct medication is being given is another advantage.

The device also benefits staff. Steps are saved because the location is convenient for both Hollowell and Taylor clinicians. Automated record keeping improves medication tracking and regulatory compliance, as well as efficient inventory control. There is also potential for future integration with electronic health records.

The Omnicell's contents are replenished daily by Remedi SeniorCare, a pharmaceutical firm that specializes in supplying assisted living and nursing facilities. Such companies are strictly regulated and inspected by the state. Broadmead's Omnicell is owned by Remedi and was delivered in late September as part of an overall contractual arrangement.

Ensemble's eclectic performance pleases classical and jazz fans

By Sidney Levy

Hot Horns, an ensemble of trumpet, saxophone, alto saxophone, trombone, tuba, and percussion played to a large Broadmead audience last month. The group gave a rousing performance, melding classical into jazz and back again.

Among their selections were "Bohemian Rhapsody," Dave Brubeck's well-known "Take 5," and Maynard Ferguson's "Birdland", a tune familiar to all jazz fans. Other works offered were "Czardas," "Fat Lip for Brass Quintet," and "Brooklyn," an example of cool funk.

Hot Horns' final selection was a medley tribute to the U.S. Armed Forces. Several veterans were in the audience and were

asked to stand as their service song was played.



Erroll Hay

Broadmead's centralized heating and cooling system explained

By Richard Goody

Broadmead provides rapid-response heating and cooling to all residential units. Each unit has a heat pump, a concept that is familiar to most residents. Heat is pumped electrically either into (winter) or out of (summer) each unit. But where does the heat come from and where does it go?

The sources of heat and cooling are not local but are located in the Center. On the third floor is a natural gas-fired boiler for heating and on the roof is a large evaporative cooling tower.

Center resources are connected to the units by means of a closed-circuit water pipe filled with Baltimore City water. It leaves the Center, performs a giant loop through the campus, and returns to the Center. If the Baltimore City water supply is ever compromised, it is possible to use water from the Broadmead spring for this circuit.

The heat pumps use this water to supply heat to a unit during the winter and to dispose of heat during the summer. The temperature is kept, on the average, at about 75 degrees F. In summer the heat pumps warm the water in the pipe by an additional 12 degrees. The heat pumps move heat from one place to another, in this case, from the unit to the water in the pipe. In doing so they cool the units and raise the pipe water by 12 degrees. This heat is disposed of in the cooling towers at the Center and returned to the units. The equipment in the Center is connected to this water flow by means of a large heat exchanger in the basement and must restore the temperature to 75 degrees.

The technician who oversees the operation of this system is Chris Scism, who has cared for it for over eight years. According to Chris this is an efficient and reliable system, probably the best available for the Broadmead campus. Occasionally there is a breakdown due to aging components, but significant outages occur only about once every other year or so and are rapidly corrected.



Erroll Hay

Evaporative cooling tower on roof of Center

Popular discussion series returns

By Marjorie Espenschade

For the sixth year, the BRA will be sponsoring the "Great Decisions" series on U.S. foreign policy. Sixty-five years ago the Foreign Policy Association began promoting a program of eight foreign policy topics each year, called "Great Decisions," to encourage more public awareness. This year, the series will deal with Russia, China, Turkey, South Africa, Pax America, The Media, Military and Global Engagement, and Global Health. All of the sessions will be facilitated by Barry Rascovar, former *Baltimore Sun* deputy editorial page editor, who will strive to keep the discussions brisk and interesting.

The series will begin on Monday, January 22, at 3:30 p.m. in the auditorium, and will continue on the following seven Mondays. Each program begins with a video, followed by a group discussion.

A Great Decisions book filled with background information supplements the discussions. Extra books have been ordered, and residents interested in obtaining one should contact Marj Espenschade.

The Multicultural Committee Charm City Klezmer

Hanukkah

Tuesday, December 12
7 p.m. Auditorium

Welcomes, from page 7

Suzanne Haller Swift, C1. 410-207-0321.
sswift3@gmail.com. November 2017.

Suzanne Swift was born in Southampton, England. Her father died shortly thereafter in World War II, and her mother, originally from Argentina, took Suzanne there to live. Returning to England at age 13, Suzanne graduated from St. Helen's School and Regent Street Polytechnic in London.

When she was 21, she came to America to live with a widowed aunt. Her uncle had been employed by the Ringling Brothers Circus as the Side Show manager, and her aunt had been a part-time performer.

Suzanne spent several years as a secretary working with major companies and later at Johns Hopkins University. She met and married David Swift (now deceased). He was pursuing a doctorate in chemical engineering at Johns Hopkins, where he was later professor of Environmental Health Science.



The couple moved to Idlewylde, north of Baltimore, where they lived for 30 years and raised three sons, Charles, Kevin, and Austin, who now live in Idaho, Charleston, SC, and Bel Air, respectively. There are six grandchildren.

After the birth of her children, Suzanne became a full-time homemaker and worked closely with the Cub Scouts, the PTSA, and her church. She obtained a Master Gardener's certificate from Virginia Tech and volunteers at the Butterfly House at Ladew Gardens. In response to the question, "Have you retired?" she responded, "Never!"

By Mary Ellen Saterlie

Adventures in Learning

Melvin Goodman

**Trump's National Security Policy
and National Security Team**

Wednesday, December 6
2 p.m. Auditorium

Brigid Goody, A2. 443-578-8314.

b.goody@comcast.net. September 2017.

Brigid Goody has devoted most of her career to the subject of health care reimbursement, in both the private and public sectors. Along the way, she participated in studies for the Clinton health reform plan in 1993.

Born in Cambridge, England, Brigid came with her family to the Boston area, where she grew up. She is the daughter of Broadmead resident Richard Goody.

Brigid's degrees from Boston University include an MBA and a master's degree in public health. She obtained a doctorate in health policy at the Harvard School of Public Health.

Her early experience with health care reimbursement began after working as a financial analyst for the Gillette Company. She then became a strategic planner for Blue Cross/Blue Shield of Massachusetts.



While pursuing her doctorate, Brigid moved to Baltimore to work at the Centers for Medicare and Medicaid Services, in the Office of Research, Demonstrations and Evaluations, from which she retired in 2008. Among her projects there were the development of Medicare hospital and health plan reimbursement systems and the implementation of the Part D prescription drug benefit program. Brigid was concerned that many in the field focused on the impacts on program providers rather than on Medicare beneficiaries.

Brigid has lived in Stoneleigh and Roland Park. She has traveled extensively, especially in the Middle East. She has also become interested in exploring Baltimore's history as well as volunteering in local museums.

By Mary Ellen Saterlie

To join the Broadmead Resident email list
send an email to:
brabroadmead@gmail.com

Paul Hamosh, G4. 443-578-8439. October 2017.

Paul Hamosh was born in Subotica, Serbia. He can trace his ancestry in the Austro-Hungarian Empire back as far as 1623.

Paul's mother became completely deaf as a result of contracting the "Spanish flu" when she was 17; she subsequently learned to read lips in four languages. When Paul was 16, his mother fled with him a day before the Nazis swept in to take Jews to Auschwitz.

Paul went to Israel and spent two years in the Israeli Army. He then earned a medical degree in internal medicine from the Hebrew University-Hadassah School of Medicine. He met his future wife, Margit, there while she was earning a Ph.D. in biochemistry. They

collaborated on a number of journal articles on neonatal digestion.

Paul and his family came to the United States in 1965, where he was professor of physiology and biophysics at Georgetown University Medical Center.

The Hamoshes had three daughters. The oldest, Ada,

is a professor of pediatric genetics at Johns Hopkins University. Another, Tamar Taddei, is a associate professor of medicine at Yale University and specializes in liver cancer. A third daughter, Leora, died several years ago.

Paul now plans to pursue some of his other interests, including the mysteries of the universe, as well as the future of Planet Earth and its inhabitants.

By Mary Ellen Saterlie



Sidney Levy, K14. 443-578-8222.

slevyconsult@gmail.com. October 2017.

Sidney Levy is a Baltimorean by birth and education. He is a graduate of Baltimore Polytechnic Institute and the University of Maryland, College Park, where he obtained a bachelor's degree in business administration. He then served for two years in the U.S. Air Force.

From the beginning of his professional career, he was interested in the field of construction and over a period of 30 years rose to the position of executive vice president in a Connecticut company that specialized in institutional and commercial construction. From this perch, he was able to gather information for writing a series of textbooks.

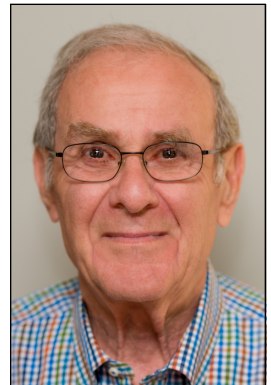
The first of these, *Project Management in Construction*, went through numerous editions and was translated into many languages. Subsequent books—and his résumé lists 19—dealt with aspects of the construction industry ranging from materials and design to inspection.

Sidney married and became the father of three: James, now of Ft. Lauderdale, FL; Julia, in New York City; and Allison in Bozeman, MT. The marriage eventually ended in divorce.

In addition to writing, Sidney also had a busy lecturing schedule, at the University of Hartford and at the Korea Institute of Construction Technology in Seoul.

An avid reader, especially of historical studies, Sidney has regularly done volunteer work for the Maryland Historical Society and the Enoch Pratt Central Library.

Asked why he chose to come to Broadmead, he replied that, being a gardener, he loves the beautiful verdant surroundings. He is interested in the many stimulating activities that are offered and is struck by the friendliness of the people he meets, whether residents or staff.



By Elborg Forster

The Multicultural Committee Hampton National Historic Mansion

Thursday, December 14
Bus trip 12:30 - 3:00 p.m.

MyChart website provides a wealth of services to residents who can reach it

By Bob Heaton

How to access and use the many features of the MyChart website operated by the GBMC system, with which Broadmead is now affiliated, was explained to 28 residents during a morning of four half-hour workshops conducted by Health Care Administrator Ann Patterson.

With the aid of a 21-page handout provided by GBMC, Patterson showed residents how to sign on to the site, which many participants had tried fruitlessly to do. She urged people to reach out to her for personal assistance if, after instruction, they were still unable to log on. Registering on the site requires a personal activation code that Ann provides to residents.

After reaching the site, residents can see and do a great deal. Medical records, lab results, prescription renewals and refills, making or cancelling appointments, seeking advice from a clinician, or authorizing family members' access to information are just some of the functions available. Any office that is part of the EPIC network is included in this flow of information, not just Broadmead or GBMC facilities.

The response to these workshops was so enthusiastic that Ann foresees offering more of them, possibly of greater length and with the assistance of GBMC personnel.

December Exhibits

East Hall
Holiday Pictures

Display Case
Teddy Bears

Atrium
Just an Atrium

Lower Level Gallery
Holiday Photographs

Tiffany Adams adds depth to OPD

By Bob Heaton

Tiffany Adams does far more in the OPD than merely answer the phone. She is licensed by Maryland as a clinical medical assistant, meaning she is able to do many of the things that a nurse does. She hopes her role will progress beyond checking vital signs and doing EKGs, which she has been performing since her service began in June.

Tiffany earned her certification through an intensive 10-month course at the Fortis Institute in Towson. At the same time, she was working full-time at Charlestown in Catonsville, where she was employed for 14 years before coming to Broadmead.

Tiffany lives downtown with her husband and their three youngest children, aged 10, 14, and 18. Her eldest, at 20, has left the nest. She currently drives to work, but may use the light rail in bad weather.



Broadmead Rocks

By Elsa Collins

Broadmead residents are invited to participate in the Broadmead Rocks project. Residents who are planning a day trip or vacation can pick up a painted rock or two at the reception desk.

These rocks were recently decorated at a joint activity of Hallowell residents and rehab patients, assisted by resident volunteers.

The following information appears on the back of the rock: Post to Broadmead Rocks on Facebook(FB). Leave the rock somewhere on the trip. The finder may then post a picture and location on Facebook. Additional information is available at the Broadmead Rocks Facebook page.



THE CREATIVE SCENE: OLD AND NEW SHOP TAKES CONSIGNMENTS

By Jane Elkinton

The Old and New Shop is now accepting original work by resident artists, authors, and craftspeople for sale on consignment. These submissions are expected to be a vibrant part of the "New" half of the recently redesigned shop. The proceeds from the sale of these pieces will yield 60 percent for the artist and 40 percent for the BRA, enabling residents to earn from their talents and benefit the BRA at the same time.

Shop managers hope that this forward-looking initiative will provide another visible way to highlight the vast depth of talent among the resident population. "Not for Sale" art items by residents will also be accepted for display in a space exclusively dedicated to Broadmead's many artists. Artists who wish to accept commissions directly from interested patrons can have their names and contact information kept on hand.



Photos by Erroll Hay

The Shop managers believe that this is a wonderful way to have residents' work seen and sold, particularly as the holiday shopping season is here. The first consignment period will end December 31. Artists interested in having their work included should contact Mary Sturm at x8443.

This month, the holidays will be fully celebrated in the Center's arts display areas. The East Hall and Lower Level Gallery both offer festivity-themed works by resident painters and photographers.

The Display Case is fuzzy-filled with teddy bears generously loaned from many collections. Some of the bears are antiques, some world travelers, some lovingly handmade. By contrast, if you seek quiet, the Atrium offers a serene retreat with garden benches, a fountain, and varied plants.



Erroll Hay

Mary Ellen Saterlie figuring out if she can afford a Court Robinson bowl. The bowls, along with crafts produced by other residents and staff, were for sale at the annual Crafts Fair.

BRA Trips Committee

The Brandywine Museum

Decorated for Christmas

Thursday, December 7

Christmas tree decorations made from local natural products will be for sale.

Bus departs: 9:30 a.m. Lower Level

Return by 3:30 p.m.

Reginald Lewis Museum of Maryland

Jacob Lawrence Exhibit

Thursday, January 4

Bus departs: 9:15 a.m. Lower Level

Return by 1 p.m.

*Please check the **Trips Bulletin Board** behind the reception desk for information and sign-up sheets.*

MaCCRA keeps ear to the ground

By Ed Hirschmann

As November opened, Broadmead's local chapter of MaCCRA (Maryland Continuing Care Residents Association) met to contemplate two important events that will occur in 2018.

The first, and more immediate event, is the 90-day session of the General Assembly, beginning early in January. Barbara Brocato, the legislative liaison for MaCCRA, gave a lengthy report at the meeting, in which she voiced concerns about possible legislative measures that might threaten the financial strength and safeguards of Maryland's residential communities.

One proposal suggested by some retirement community officials concerns "obligated groups." These are retirement facilities owned by multi-state corporations. The danger Brocato cited is that they would be allowed to transfer funds across state lines, possibly imperiling the financial security of residents of the institutions from which the funds are drawn, by reducing cash reserves.



Barbara Brocato

Another proposal is called "streamlining." In that case, the stated purpose of simplifying or economizing institutional operations might weaken residents' financial protections if cash reserve requirements are changed. The net effect might be to enable the institutions to earn higher profits, partly because of reduced safeguards. So far, said Brocato, these concerns are hypothetical. No such bills have as yet been drafted, but she is watching.

The second important event is the state elections—party primaries in June and the general election in November 2018. Marylanders will be electing state officials, including the governor and the members of the General Assembly. None of Broadmead's present legislators—one state senator, two delegates, and one county councilman—are

expected to run for reelection, which leaves many offices open for the ambitious.

The chapter's reaction is to stage a large "Candidates' Night," planned for May 31. Chapter president Denise Love has made a number of committee and individual assignments in preparation for the event.

According to membership chair Elsa Collins, 158 residents are chapter members.

Former CIA operative discusses problems facing the nation today

By Ed Hirschmann

The global challenge facing American world leadership was forthrightly depicted for Broadmead audiences by a retired CIA senior analyst. Melvin Goodman, in a series of talks in the Adventures in Learning program, cited a series of mistakes made in Washington, dating back to the end of the Cold War and the collapse of the Soviet Union in 1991, but gaining momentum with the election of Donald Trump.



"Of the 24 top positions in the State Department, 22 remain unfilled," he said. Moreover, military men have taken over more and more power. "The adults in the room are trying to tone down Trump, while China and Russia are trying to tone down Pyongyang [the North Korean capital]."

President Trump "doesn't understand the norms of the American people," Goodman told residents. "Why is he so upset about Hillary Clinton? She lost the election, but his anger prevents any healing, any political repairs."

The speaker also defended the practice of "whistle-blowing," an official's disclosing confidential material to a journalist. "You can't have investigative journalism without whistle-blowers," he said. He cited as an example Daniel Ellsberg, who leaked the "Pentagon Papers" in 1971, about the Defense Department's clandestine activities during the Vietnam War. The last lecture in the series will be given on December 6.

New Resident Reception, from page 1

The Boughters, Del and Brenda, are the only non-Baltimore residents in the group. They moved from Annapolis with their two Schnauzers and too many cartons of pictures. They love their remodeled garden home.

Ellie McGinn's former neighbors in Boxwood lived at Broadmead so she is familiar with the reputation for "superior health care." She will be on campus for six months and at her home on Deep Creek in the summer season.

No strangers to the neighborhood, John and Jane Mays have just moved down the road from their home near Kingsdene Nurseries, a business John started over 30 years ago. He can take their two yellow Labs and happily go back to work in the gardens without the burden of maintaining a large house.

The positive tone of the evening extended to the social gathering after the program, which was attended by a larger than usual audience.

The event was organized and hosted by Cynthia Ballard, Broadmead's Perle Mesta, and the Hospitality Committee. Kudos also go to the Marketing Department, which received positive feedback in several of the introductory statements.



Erroll Hay

Front row: Brenda Boughter, Jane Mays, Ellie McGinn, Suzanne Swift, Margaret Craig, Diana Harley. Back row: John Mays, Del Boughter, Sidney Levy, David Harley.

Sew and So

Tuesday and Wednesday
10 a.m. - noon Room S-215
Volunteers needed

Traditional exercise day celebrates silver anniversary

By Richard Goody and Bob Heaton

In 1992, residents Franklin and Rose Hijikata originated Heels, Wheels, and Aqua Seals in conjunction with national Senior Health and Fitness Day. Twenty-five years later, Rose helped extend the tradition by working at the registration table, giving out handsome Broadmead white and royal blue tote bags.

The event was a classic example of a joint administration/resident function. Wellness Director Andy Switzer signed up 98 people, some in wheelchairs, for measured walks through the clusters. Ruth Fleishman and Isaac Rehert volunteered to lead cyclists, but the parade was just those two. Michael Kelly took nine others on a hike of the trails.

As for the aqua seals, Bob Fetter, Angela Breakey, and Priscilla Barrett showed up at the pool for water volleyball and reportedly had a good time. In good Quaker tradition, there was no winner.



Erroll Hay

Top row: Angela Breakey, Priscilla Barrett, Erick Socgfack, and Bob Fetter; second row: Ruth Fleischman and Isaac Rehert; Cynthia Ballard, Michael Kelly, Dotty Schwartz.

Ken Lewis speaks on the future of oysters in Maryland

By Park Espenschade

When asked if Maryland's oyster population can ever regain a semblance of its former size, Ken Lewis, speaking at the Saturday Men's Social, said, "It will take a long time."

According to Ken, the future of the Bay's oysters depends on three factors. Power dredging must continue to be banned, as it has been since 2006, and the Department of Natural Resources, which regulates the oyster fishery, must be free of political influence so it can act on the best available science.

Oyster sanctuaries, where harvesting is prohibited or closely monitored, and the rebuilding of oyster bars, should be greatly expanded. Without the support of bars or reefs, oysters sink to depths where oxygen is depleted, reducing the size and reproductive capacity of the mollusks.

Aquaculture, now in wide use, should be expanded to satisfy market demands, easing the pressure to harvest from the bay. Oysters grown this way are bigger, produce more eggs, and are available year round.

Oysters, a worldwide food supply since ancient times, were so prevalent in the Chesapeake Bay that their bars were, at times, navigational hazards. But since the 1890s their numbers have shrunk by over 90 percent due to overharvesting, disease, and habitat destruction.

What was originally a local delicacy became a national staple, thanks to refrigerated railroad cars and the growth of the canning industry, begun in Maryland by the Shivers. It is no wonder that destructive power dredging replaced the wooden or iron tongs wielded from sail-powered skipjacks.

2017 Round Robin One Winners

1st - Marge Tuttle and Mary Ruth Sidwell
2nd - Bob Heaton and Hyko Laeyendecker
3rd - Park and Marj Espenschade
4th - Florence Platt and Helen Davis
A floral bouquet was sent to Mary Ruth's church by her Broadmead bridge friends.

Current state of feminism discussed

By Ed Hirschmann

The newest directions for women's rights were described for Broadmead residents at an Open Forum meeting in October. The speaker was Jo-Ann Pilardi, retired professor of philosophy and a former head of the Women's Studies program at Towson University. She called her talk "Your Granddaughter's Feminism."

According to Pilardi, the campaign for women's rights can be described as occurring in three "waves." The first wave was the women's suffrage movement, as women in the early 20th century fought for the right to vote. The second, which shifted into high gear around 1960, was the campaign for equal opportunity, especially in the workplace.

The "third wave," beginning in about 1990, is broadly diverse and harder to characterize. For some it is the "girlie culture," flaunting female difference. For others it is reproductive freedom or support for LGBT rights. For still others it is help for disadvantaged women abroad.

But, said Pilardi, current feminist ideas are not confined to any one political movement.



Jack can smile

By Sally Bloomer

Jack, a "Boxer plus something else," was rescued as a 6-year-old by Peter Truitt (J12). The two have lived at Broadmead for about six months. Jack is a large dog, bright tan with a handsome white streak on the throat and a long curly tail that wags constantly. Jack enjoys going to the dog park. At home, when nothing interesting is happening, he just stretches out in the sun and naps.

Boxers are the eighth most popular breed and have a puppy-like attitude. Their faces are more expressive than most dogs—so Jack really can smile.



New Year's Eve Party

Auditorium and Lounge

Come and enjoy yourself
with your friends and neighbors

Sunday, December 31 at 8:30 p.m.

**Food, dancing and music of
Frank and Friends**

*We will notify you soon about
making reservations.*

First Monday Book Group

10:30 a.m. - Auditorium

December 4

**The Art of Racing
in the Rain**

by Garth Stein

January 1

Hillbilly Elegy
by J.D. Vance

Preservation of old growth forests as worthy as reforestation, expert claims

By Ed Hirschmann

Speaking as part of the Open Forum program, Dr. Joan Maloof, professor emerita at Salisbury State University, extolled the value of existing stands of trees that date back before European colonization. She believes that mature tree preservation is a more valuable pursuit than reforestation, noting that there are now children "who would never see an old growth forest."

Maloof is a director of the Old-Growth Forest Network, of which she was the principal founder. Headquartered in Easton, it now has an estimated 2,300 members nationally.

Commercial forests (often pines) that are cleared and replanted can never regain the diversity of life systems of virgin forests. The network has a target of one old-growth preserve in each state. Maloof reported that there are currently 66 such forests in 17 states. Maryland has no such preserve, but the Department of Natural Resources owns 172,500 acres, of which just 19 acres rank as old growth forests.

Broadmead departments display creativity in pumpkin decorating contest

Photos by Erroll Hay



Teams representing Food Service, Marketing, Outpatient, Wellness, Assisted Living, Hallowell West, Transportation, and Reception participated in the pumpkin decorating contest.



Religion at Broadmead

Friends Meeting for Worship

Sundays, 11 a.m.
Stony Run Board Room

Interfaith Vespers

Third Sundays, 4:30 p.m.
Lounge

Bible Study

(sponsored by
Woodbrook Presbyterian Church)
Tuesdays, 10 a.m. Fireplace Room

Catholic Mass

(sponsored by St. Francis Xavier Church)
Second Wednesdays, 10 a.m.
Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood Episcopal Church)
First Thursdays, 10:30 a.m.
Dining Room Flex Space

Conversations in Morals and Ethics

(sponsored by
Towson Unitarian Universalist Church)
Date change Thursday, December 7, 10 a.m.
Fireplace Room

Shabbat Service

Third Fridays, 7 p.m.
Fireplace Room

InSight - Low Vision

Michelle Bianchi

Vision Therapist, GBMC
Wednesday, December 13
3:30 p.m. Auditorium

Old and New Shop

(in the former Country Store)
Weekdays 10 - 2 Saturdays 11 - 1
*Featuring works by
Broadmead Artists and Authors*

Corner Cupboard

Weekdays except Wednesday 10 - 4:30

BRA Open Forum

Current Council Issues

Friday, December 1
7 p.m. Auditorium

Councilman Wade Kach

Third District County Council

Beautiful Swimmers of the Chesapeake

Thursday, December 14
7 p.m. Auditorium

Tom Horton

Baltimore Sun Environmental Columnist

Integrated public schools far from a reality in Maryland

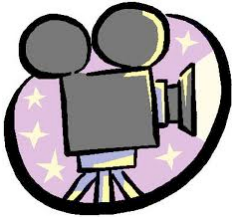
By Ed Hirschmann

Only 8 percent of Baltimore City public school students attend truly integrated institutions, according to Elizabeth Bowie, a *Baltimore Sun* reporter who covers the education beat. Moreover, that circumstance extends far beyond the city—Maryland has the third-most segregated school structure in the nation.

Speaking to residents in an Open Forum session in November, Bowie said that city schools face a myriad of problems, but must keep trying to solve them. Schools with predominantly black students are unlikely to have parents who can help by raising funds for extra equipment. Also, these parents are less likely to inquire if there are classroom problems, she said.

When asked if students can get a good education in a segregated school, Bowie said, "Some schools have done amazing work, but it is not transferable." Some recent innovations, such as magnet schools and some charter schools, offer cause for hope in an otherwise bleak environment.





Broadmead Movies

Auditorium 7 p.m.

Tuesday movies by Dot Gustafson and Peggy Patterson
Saturday movies by John DePrine and Bob Gist

Saturday, December 2 *Sense and Sensibility* (Emma Thompson, Kate Winslet)

Facing poverty after their father's death, the Dashwood sisters are obliged to rely on the generosity of others.

1995 PG 2 hours 16 min

Tuesday, December 5 *Gifted* (Chris Evans, McKenna Grace, Lindsay Duncan)

Frank, a single man raising his child prodigy niece Mary, is drawn into a custody battle with his mother.

2017 PG-13 1 hours 41 min

Saturday, December 9 *Auntie Mame* (Rosalind Russell, Forrest Tucker)

Larger than life, Mame Dennis unexpectedly gains custody of her young nephew and proceeds to teach the boy how to enjoy life.

1958 NR 2 hours 23 min

Tuesday, December 12 NO MOVIE *Hanukkah*

Saturday, December 16 *The Holiday* (Kate Winslet, Jude Law)

A young woman in Los Angeles trades houses with a Londoner for the Christmas holiday.

2006 PG-13 2 hours 6 min

Tuesday, December 19 *The Glass Castle* (Brie Larson, Woody Harrelson, Naomi Watts)

A young girl comes of age in a dysfunctional family of nonconformist nomads with a mother who's an eccentric artist and an alcoholic father.

2017 PG-13 2 hours 7 min

Saturday, December 23 *Eloise at Christmastime* (Julie Andrews, Sofia Vassilieva)

At the Plaza, where she lives, Eloise with her nanny (Julie Andrews) sets off to celebrate the season in her own raucous way.

2004 NR 1 hour 29 min

Tuesday, December 26

Iris

(Judy Dench, Jim Broadbent, Kate Winslet)

True story of the lifelong romance between novelist Iris Murdoch and her husband, John Bailey, from their student days through her battle with Alzheimer's disease.

2001 R 1 hours 31 min

Saturday, December 30 *For Love or Money* (Michael J. Fox, Gabrielle Anwar)

A hotel concierge is adept at pleasing his patrons, but a problem arises when, baby-sitting the mistress of a wealthy guest, he falls in love with the lady.

1993 PG 1 hour 36 min

Broadmead Playreaders

The Counterfeit Santa

Written and directed by John DePrine

Produced by Barbara Hiscock
and Ann Schwartz

Wednesday, December 6
7 p.m. Auditorium

Cast

The Observer.....Anne Schwartz
Mrs. Ferguson, a department store
manager.....Elborg Forster
Miss Davis, a payroll clerk.....Sita Smith
Rocky, an ex-con.....Bob Gist
Trixie, Rock's mole.....Shirley Christie
Mugsy, a petty thief.....Bob Heaton
Ms. Hardesty, a store detective

Shirley Christie

A Sweet Little Girl.....Sita Smith
Vince, a juvenile delinquent.....Bob Gist
Sweet Old Lady.....Elborg Forster
Officer O'Flanagan.....Bob Heaton

The setting..... Stanton's Department Store
Time..... Christmas Eve

VOICE OF THE RESIDENTS

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EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents.

As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead nor complaints about Broadmead affairs as there are established procedures for the resolution of internal problems.

The Voice does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems.

Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy of no more than 400 words by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, and should be sent to voiceBRA@gmail.com.

December Holiday Happenings

4-5: Decorating the Center and
Holly House (9 am - 1 pm)

18: Let's Sing Christmas Carols
Lounge 7 p.m.

12: Hanukkah Observance
Charm City Klezmer
Auditorium 7 p.m.

27: Kwanzaa
Lounge 3 p.m.

13: BRA Open House
Holly House (3 - 5 p.m.)

31: New Year's Eve Party
Auditorium 8:30 p.m.

13: Chamber Choir of Choral
Arts, Auditorium 7 p.m.

TBA: Holiday Lights
Bus, Lower Level (6:30 pm)